



PROCLAMATION



6TH EUROPEAN PANGRATION ATHLIMA CHAMPIONSHIPS

Dear Board Members of WPAF

Dear Presidents

Dear Friends,

ROMANIAN PANGRATION ATHLIMA FEDERATION welcomes you to the **2019 6TH EUROPEAN PANGRATION ATHLIMA CHAMPIONSHIPS**

Our federation is very proud to host, for the second time, a Pangration Athlima European Championships in Romania.

After the 4th European Championship in 2015, we will return after 4 years with another big event the **2019 6th European Championship**.

It is great honour for us and for our Federation to send you the invitation to this event that we are waiting for you to join us and also a good welcome to all of you in Romania.

We welcome everyone for a weekend full of sports, technical meetings, assemblies and constructive discussions. We hope that you will also have time to discover and enjoy our wonderful country and especially the Muntenia area, where the European Championship will take place.

We hope that this European Championship will be a bond of friendship, a representative element of sport.

We also want, with this exciting sporting event, to offer the whole world, a different perspective on Romania!

Good luck to all athletes, referees and delegations as a whole!

We hope you will spend quality time with us, and you will feel in Romania at home!

Welcome to the heart of Muntenia, close to the Danube, in an area of traditional wines and dishes!

We look forward to Alexandria!

One behalf of ROMANIAN PANGRATION ATHLIMA FEDERATION

President

Gheorghe COJOCARU



Alexandria, România
October the 25th 26th and 27th, 2019

<i>Time</i>	<i>Program</i>	<i>Place</i>
WEDNESDAY, 23 OCTOBER 2019		
10.00	<i>Arrival of WPAF, EPAF delegates</i>	ALEXANDRIA
10.00	<i>Arrival of delegations</i>	ALEXANDRIA
13.00 – 15.00	<i>WPAF board / committee directors meeting</i>	
10.00 – 18.00	<i>Registration, accreditation, organizer financial</i>	
13.00 – 19.00	<i>Training session for athletes, coach and hellanodikies Common training session</i>	
16.30 – 17.30	<i>WPAF Board / local organization meeting</i>	
17.00 – 18.00	<i>Referee meeting</i>	
17.00 – 18.00	<i>Coach meeting</i>	
20.00	<i>Dinner</i>	
THURSDAY, 24 OCTOBER 2019		
10.00	<i>Arrival of WPAF, EPAF delegates</i>	ALEXANDRIA
10.00	<i>Arrival of delegations</i>	ALEXANDRIA
10.00 – 18.00	<i>Registration, accreditation, organizer financial</i>	
13.00 – 19.00	<i>Training session Common training session</i>	
18.30 – 19.30	<i>Official weigh-in (for athletes who fight Friday)</i>	
15.00 – 16.30	<i>WPAF General Assembly</i>	
16.30 – 17.30	<i>WPAF Board / local organization meeting</i>	
17.00 – 18.00	<i>Referee meeting</i>	
19.30	<i>Draw-in and coach meeting</i>	
20.00	<i>Dinner</i>	
FRIDAY, 25 OCTOBER 2019		
08.45 – 09.30	<i>Hellanodikies meeting</i>	
09.30	<i>Start of competition Palaismata Polydamas Imiepafis Agon Kato Pangration Pleris</i>	
13.00 – 14.00	<i>Opening ceremony</i>	
14.00 – 17.00	<i>Competition</i>	
17.00 – 19.00	<i>Bronze medal matches, Final contest</i>	
18.30 – 19.30	<i>Official weigh-in (for athletes who fight Saturday)</i>	
	<i>Awarding Ceremony</i>	

SATURDAY, 26 OCTOBER 2019		
08.45 – 09.30	<i>Hellanodikes meeting</i>	
09.30	<i>Start of competition Imiepafis Agon Kato Pangration Pleris</i>	
13.00 – 14.00	<i>Lunch</i>	
14.00 – 17.00	<i>Competition</i>	
17.00 – 19.00	<i>Bronze medal matches, Final contest</i>	
18.30 – 19.30	<i>Official weigh-in (for athletes who fight Saturday)</i>	
	<i>Awarding Ceremony</i>	
SUNDAY, 27 OCTOBER 2019		
08.45 – 09.30	<i>Hellanodikes meeting</i>	
09.30	<i>Start of competition Imiepafis Agon Kato Pangration Pleris</i>	
13.00 – 14.00	<i>Lunch</i>	
14.00 – 17.00	<i>Competition</i>	
17.00 – 19.00	<i>Bronze medal matches, Final contest</i>	
18.30 – 19.30	<i>Official weigh-in (for athletes who fight Saturday)</i>	
	<i>Awarding Ceremony</i>	
21.00 – 24.00	GALLA DINNER	
MONDAY, 28 OCTOBER 2019		
	Departure of delegation	

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Competition place / Venue: Alexandria Polivalent Hall



PARTICIPATION & FEES

Participation Individual competition: **50 € entry fee, 35 € second entry, 25 € for each extra entry** as individual competition participant, **50 € per team at PALAISMATA** and **100 € per team at POLYDAMAS**.

The Romanian Pangration Athlima Federation will offer hospitality with full board to an official from each National Federation.

The Romania Pangration Athlima Federation will provide to the participant Hellanodikes a lunch meal for each day of the championships as well as will take care for their fees.

BOOKING INFORMATION

1. Hotel reservations can ONLY be made through the organizer. Based on the accommodation request and invoicing details an invoice for payment will be sent by e-mail.

2. After the receipt of the payment (100%) a confirmation letter will be issued with all the details of the reservation. Please bring this letter to the registration.

3. 100 % payment for hotel reservations must be received in to the bank account of the Romanian Pangration Athlima Federation no later than **August 15th 2019, 16.00 local time (EET)**.

4. Partial and complete cancellations will not qualify for a full refund from the bank account.

5. No refund will be issued for cancellations made after **August 15th 2019, 12.00 local time (EET)**.

6. Additional requests for extra rooms between **August 15th 2019** and **September 1st 2019** will be allowed. The organizer can guarantee reservations of extra rooms up to **September 1st 2019**. Please note that these rooms may not be in the preferred hotel.

7. We cannot guarantee the availability of hotel rooms after **September 1st**. If a request for extra rooms is made after **September 1st** or on spot at the registration - and this request can be fulfilled by organizer – the total package price will be surcharged with 25%. **NO exceptions will be made**. All bank fees and bank transfer costs involved are to be paid by the participation federation in order to participate.

8. Hotel check-in times of the hotel in which the delegation is staying apply.

9. Extra services (mini-bar, telephone calls, internet, laundry services, taxi, etc.) will be charged on the guest's account. Under no circumstances these costs will be paid by organizer.

10. Any broken object or damage to the hotel or its rooms, the venue or any other official location for **EPAC 2019** will be charged to the responsible national federation.

11. Preferences and special requests will be considered and arranged for, if possible. Please, contact the organizers for any special requests (early check-in, extra meals, etc.). Requests will be considered only with the condition that the reservation was made within the deadlines.

We offer official hotels within hotel packages. All hotel package includes: 4 nights accommodation, Thursday-Monday - Breakfast from Friday-Monday - Lunch Friday-Sunday in venue - Dinner Thursday-Sunday.

Please read all information carefully and use the appropriate form to make your initial reservation. All the price are for one person. Please find all deadlines included in this invitation.

Entrance to the farewell party is included in the hotel package.

Hotel Edma **** is located at 10 minutes to the Sport hall as distance.

Full booking: 280 € per person in a double room. This hotel provide 15 double room and 1 apartment at € 175/day.

Hotel Red **** is located at 5 minutes to the Sport hall as distance

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Full booking: 280 € per person in a double room. This hotel provide 25 double room.

Hotel Red *** is located at 10 minutes to the Sport hall as distance.

Full booking: € 220 per person in a double room. This hotel provide 15 double room.

Hotel Rustic *** is located at 10 minutes to the Sport hall as distance.

Full booking: € 220 per person. This hotel provide 6 double room and 2 apartment at € 175/day.

Hotel Parc *** is located at 10 minutes to the Sport hall as distance.

Full booking: 240 € per person in a single room, € 240 per person in apartment, € 220 per person in a double room, € 220 per person in a triple room. This hotel provide 10 single room, 15 double for couple, 20 double room, and 10 apartment with 2 beds.

The hotels offers free wireless internet and has a bar / lounge available. The hotel provides free parking to all customers during the stay.

The venue and hotel are at 100 km from „Henri Coandă” Otopeni International Airport (approximately 60 minutes drive, depending on traffic).

Penalty fee for Countries who are not staying in one of the official hotels: **50 € per person** (penalty fee will be applied to all delegation members).

Furthermore, countries who are not staying in one of the official hotels will not be assisted with transportation or any other services from the organizer.

IMPORTANT

All damages to any property of the hotels or venues resulting from the stay of a national delegation shall be charged to the federation and will be paid in full.

Bank details:

- **For Accommodation per person** Beneficiary's Name: **FEDERAȚIA ROMÂNĂ DE PANGRATION ATHLIMA**

Address Association: Șos. Iancului, Nr. 57, Bl 101 B, Parter, Sect. 2, București, România.

Bank Name: FIRST BANK

IBAN: RO90PIRB4216772234001000

Add the mention: **Booking „your country” European Pangration Ahlima Championship 2019.**

- **For Participation Fee: 50 € entry fee, 35 € second entry, 25 € for each extra entry, 50 € Palaismata Team and 100 € Polydamas Team** Beneficiary's Name: **FEDERAȚIA ROMÂNĂ DE PANGRATION ATHLIMA**

Address Association: Șos. Iancului, Nr. 57, Bl 101 B, Parter, Sect. 2, București, România.

Bank Name: FIRST BANK

IBAN: RO90PIRB4216772234001000

- Add the mention: **Participation Fee „your country” European Pangration Ahlima Championship 2019.**

TRANSPORT

The organizer will provide transfer from airport to hotel and back for 25 € transportation for each delegation members, only if they have made a booking with the organizers to stay in the official hotel.

INSURANCE AND LIABILITY

Each National Federation is responsible for its competitors (the control of non-pregnancy, as well as the gender control are placed under the responsibility of the National Federations) and must assume all responsibility for accidents and health insurance, as well as the civil liabilities for their competitors and officials, during the **6th European Pangration Athlima Championships 2019**

The organizer of the European Championships, R.P.A.F., and W.P.A.F. will not be held responsible for any insurance related to the above mentioned matters.

The organizer of the European Championships and W.P.A.F. has no liability for any claims of injury, accident, illnesses or death arising within or outside the competition, and travelling or other activities in connection with the event.

In order to participate, each national Federation has to sign the liability statement, presented as an annex to this official invitation.

DEADLINES

First entry (entry by number): August 15th 2019

Hotel payment & reservation: August 15th 2019

Entry fee payment: August 15th 2019

Entry by number / extra rooms: September 1st 2019

Entry by names: September 1st 2019 24:00 hr.

Visa request (we provide details in this matter): September 1st 2019

Travel details: September 25th 2019

Delegations missing the registration deadline will not be allowed to start. No exceptions will be made!

All competitors, coaches and officials must be entered in time. After the final entry deadline no additional persons can be added.

NOTE: It will be allowed to replace already registered coaches or officials.

Replacement of competitors will be granted only in the case of an injury, proven by medical staff.

CONTROL OF ENTRIES

The control of entries and issuing of accreditation cards will take place at the venue, on Thursday 24th October, 09.00-19.00 hrs.

At least one team official must attend in time to confirm the entries of all athletes and officials with his/her signature. At the registration the team official must be able to show all official documents and official passport or ID card of all team members. A delayed appearance or no-show at control of entries may result in the exclusion of all participants from the draw and the event. In case of unforeseen delay of arrival, the Federation in case must contact the organizer and the W.P.A.F. immediately.

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An accreditation card will be issued to competitors, officials and media, only if they are registered with the organizer. This accreditation card must be carried at all times.

COMPETITION RULES

The competition will be conducted in accordance with the latest W.P.A.F. Competition Rules and W.P.A.F. Referees Rules.

Contest:

Demonstration (Team Competition):

PALAISMATA – *women, men, mixt: (15–17), (18–20), (+21), (35+)*

POLYDAMAS – *women, men, mixt: (18–20), (+21), (35+)*

Pangration Athlima:

AGON IMIEPAFIS (semi contact) – *women, men: (15–17), (18–20), (+21), (35+)*

AGON PANGRATION (full contact) – *women, men: (16–17), (18–19), (+21), (35+)*

KATO PANGRATION – *women, men: (15–17), (18–20), (+21), (35+)*

PLERIS AGON – *women, men: (18–20) (+21), (35+)*

15–17 Years:

Girls: – 44, – 48, – 52, – 57, – 63, – 70, +70

Boys: – 46, – 50, – 55, – 60, – 66, – 73, – 81, +81

18–20 Years:

Women: – 48, – 52, – 57, – 63, – 70, – 78, +78

Men: – 56, – 62, – 69, – 77, – 85, – 95, +95

+21 Years:

Women: – 48, – 52, – 57, – 63, – 70, – 78, +78

Men: – 56, – 62, – 69, – 77, – 85, – 95, – 105, +105

+ 35 Years:

Women: – 48, – 52, – 57, – 63, – 70, – 78, +78

Men: – 56, – 62, – 69, – 77, – 85, – 95, – 105, +105

The National Federations-Associations may enter as many athletes as possible. Competitors in Team System are allowed to participate in Agon Competition. Age: Participating athletes must be born in 2004 or earlier.

WEIGH-IN

The official weigh-in will be scheduled the day before the competition for the categories concerned (see provisional program). Official weigh-in will take place in the venue, in separate rooms for men and women. It will be possible, on Friday and Saturday, to do an unofficial weigh-in. Multiple weighing scales will be provided for the athletes to test their weight within the training / warm-up area.

Control of weigh-in shall be the responsibility of the WPAF. Technical Committee in collaboration with local organizers. Athletes must present their official passport or ID

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card at the official weigh-in. Competitors who do not meet this criteria will not be allowed to participate.

DRAW & COACH MEETING

The four medal winners (gold, silver and two bronze) of each category of the preceding European championships will be separated on the list of competition in a way which prevents that they compete against each other before the final of table A and B, provided they have entered the same category in which they received the medal. Each National Federation must send at least one delegate to attend the draw & coach meeting. A maximum of two (2) delegates per National Federation will be allowed. No comments or protests are allowed after this meeting. The draw in will take place in the venue on Thursday 24th October, 20.00 hrs.

ENDYMA CONTROL & BACK NUMBER

Approved Endyma: Competitors have to wear an W.P.A.F. approved endyma, white in color, without labels or patches.

Back number: It is mandatory to wear the *official EPAC 2019 back number*, which will be provided by the organizers to the delegation leaders at registration. We will provide self-adhesive back numbers. Control of Endyma: The control shall be the responsibility of the W.P.A.F. Technical Committee in collaboration with local organizers. Competitors who do not meet these criteria will not be allowed to participate.

PARTICULAR RULES FOR WOMEN

Female contestants shall wear under the Chiton either a round necked plain white or off-white tee shirt, with short sleeves, made of non-rigid material, long enough to be worn inside the trousers, or a plain white or off-white leotard with short sleeves. No marking should be visible when the Chiton is done up. All other regulations must be adhered to.

HELLANODIKES

Each country should provide minimum 1 Hellanodikes for up to 6 participants, 2 for up to 10 participants and 3 for more than 15 participants. A penalty fee of 100 € per referee will be requested for not having the correct number of referees, as stated above, and collected by the organizer on the spot (this is a mandatory condition in order to participate in the draw).

Hotel bookings for referees must be included within the booking of the delegation from the national federation.

All referees must attend the referee meeting on Thursday October 24th, 17.00-18.00 hrs and the meetings before start of competition (each day).

Attention: only the referees selected and qualified by W.P.A.F. Referee Committee may participate as referees at these championships.

Neither the organizing committee nor the WPAF will be held responsible for not respecting this obligation! However, if there won't be enough referees for the competition to take place in proper conditions, W.P.A.F. may decide to complement the pool of referees with national referees of the organizing federation (decided by W.P.A.F. Referee Committee).

COACHING

a. Only one coach, who stays at the limit of the contest area during the match seated on a designated coach chair, may assist contestants.

b. If the coach exhibits misbehavior towards the athletes, the referee, the audience or anyone else, the referees or head referee may decide to make him leave the area reserved to the officials for the duration of the match.

c. If the misbehavior continues, the referees or head referee of the match may decide to make him leave the official area for the whole tournament. Coaches must behave in accordance with the WPAF Organization Rules.

ANTI-DOPING CONTROL

There will be anti-doping control, conducted by the official anti-doping authority.

TRAINING FACILITIES

The organizer offers the possibility to train in the venue every day from 14.00 to 19.00 hrs. If you are interested in booking a separate training session with the local club, please contact us well in advance through office@pangration.ro

VISA

The organizer will help any country with obtaining visa for athletes and officials. For nations who need visa to enter Romania, please send to the organizer as soon as possible (latest 15 September 2019) a list of participants with full names, passport numbers, date of birth, and functions (athlete, coach, official, doctor etc.) using the visa application form. Complete visa applications should be sent in time to office@pangration.ro.

Costs for express delivery (DHL, UPS, etc.) are to be paid by the participating national federation.

GENERAL ASSEMBLY

A maximum of two people per country, with only one person (the national delegate) with voting right - provided that their federation may attend the General Assembly.

There is no participating fee for the Assembly. Each national delegate must have a signed mandate from the National Federation. The General Assembly is scheduled for Thursday October 24th

FAREWELL PARTY

The farewell party will take place in the venue on Sunday, October 27, 21.00-02.00 hrs, includes entrance, music and security. Dinner before the farewell party is included in the hotel package.

FUNDAMENTAL PRINCIPLE

All National Federations, officials, coaches and athletes participating in the European championships have to respect and accept the authority of the WPAF and local officials, the statutes, the sports and organization rules, the refereeing rules of the international federation, as well as the WADA (World Anti-Doping Agency) rules.

AWARDING CEREMONY

The medal ceremonies will consist of the following:

- Medal podium
- One gold, one silver and two bronze medals
- flags (first to third) and national anthem of the winning athlete's/team's nation
- Photo opportunity for the accredited media

During the medal presentations, accreditations must be temporarily removed and handed over to the coordinator of the awarding ceremony. There will be one WPAF official and one official of the local organizers to coordinate the awarding ceremony.

The athletes will be escorted to the awarding ceremony podium and will stand behind the podium according to the following order: *2nd place, 1st place, and the two 3rd placed* athletes.

Participants in the awarding ceremony may not have any flags, mascots, shoes, flip-flops, socks, caps, head cover or any unnecessary clothing or other items on them during the ceremony.

No kind of demonstration or political, religious, commercial or racial propaganda is permitted during the awarding ceremony.

Athletes must present themselves in Endyma. Please note that no athletes, other than those who are part of the ceremony, may participate in the awarding ceremony.

BEST ATHLETE

WPAF and the organizer will reward the most technical athlete with a Most Technical Athlete Trophy to a participant of the EPAC (athlete) for recognized outstanding technical prowess and a flawless display of sportsmanlike behavior and etiquette, beyond expectation and demands of the rules.

FAIR PLAY

WPAF will award a Fair Play Trophy to a participant of the EPAC (athlete, coach, referee, technical crew, team official etc.) for recognized outstanding ethical or sportsmanlike behavior, beyond expectation and demands of the rules.



On behalf of the WPAF

The President

Andreas Mazarakis

The Gen. Secretary

Panagiotis Kanellopoulos

On behalf of the RPAF

The President

Gheorghe Cojocaru

The Gen. Secretary

Nicoleta Cojocaru